



You have been referred by Dr. Ryan Williams with Medical Directors of Idaho (MDI) for Virtare Health's Enhanced Clinical Management (ECM<sup>2</sup>) program which includes Remote Patient Monitoring (RPM).

## WHAT TO EXPECT

1

### PROGRAM INTRODUCTION

Speak with a Virtare Health team member who will explain the ECM<sup>2</sup> and RPM programs and answer any questions you may have.

2

### ACCEPT YOUR FREE MEDICAL DEVICE

When you enroll in the these programs, you will receive a free medical monitoring device (valued at \$99\*) from Virtare Health.

\*value of devices subject to change

3

### DOWNLOAD THE APP

Scan the QR code to download the Tethr<sup>®</sup> app to your cell phone or tablet. You will be given login information by a Virtare Health team member.



4

### FOLLOW-UP APPOINTMENT

A Virtare Health team member will schedule an appointment with you to connect your new monitoring device with the app and start monitoring at home.

**Appointment Date:**

**Time:**

5

### ENJOY SUPPORT AT HOME

Receive follow up calls from Virtare Health's Clinical and Behavioral Health teams that will support your health journey.

**FOR MORE INFORMATION, VISIT OUR WEBSITE:**

[www.MDI.rpmforme.com](http://www.MDI.rpmforme.com) or call us at (855) 745-8400 ext. 8000